From <u>One-Day Retreats for Junior High Youth</u>, by Geri Braden-Whartenvy and Joan Finn Connelly, Winona, Minnesota: Saint Mary's Press, 1997; pp. 20-21

Large-Group Activity (10 minutes)

In this activity, the teens experience the Scriptures in a new way.

Introduce the activity by telling retreatants they will hear a reading from the Scriptures that has been adapted for group participation.

Then assigned equal numbers of people to each of the following parts: hands, ears, eyes, nose, and feet. Give each part an action to perform:

- Hands: Clap.
- Ears: say "Eh."
- Eyes: Holy up their index finger and say "I."
- Nose: Take a deep breath in.
- Feet: Stomp on the floor.

Give the following directions and then deliver the reading, pausing at the ellipses (...):

Whenever I said the word *one*, everyone should stand up in their place and then sit
down immediately. When I name your assigned body part, perform your assigned
action. Thus, during the reading you will be moving and making sounds whenever you
hear the word *one* or your body part. This is a reading adapted from First Corinthians,
chapter 12:

The body is a unity, though it is made up of many members. Though its parts are many, they form **one** . . . body. So it is with Christ. For we were all baptized by **one** . . . Spirit into **one** . . . body. Now the body is not made up of **one** . . . part, but of many.

If the **foot** . . . should say, "Because I am not an **eye**, . . . I don't belong to the body," that would be downright silly. If the whole body were an **eye**, . . . where would the **ears** . . and the sense of hearing be? But if the whole were an **ear** . . . where would the **nose** . . . and the sense of smell be?

God has arranged the parts of the body just as God wanted them to be. If they were all **one** . . . part, where would the body be? As it is, there are many parts but **one** . . . body. The **eye** . . . can't say to the

hand . . . "I don't need you." And the **nose** . . . can't say to the **feet** . . . "I don't need you." For God doesn't want the body parts to argue, but to care for one another equally. That way if **one** . . . part is honored, every part rejoices with it.