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Lesson Plan for [Elementary Catechesis: Grades K-4](https://www.schoology.com/course/221526486)

1. Lesson Title: The Eucharist; Grade 4

2. Learning Objective: Liturgical Signs; The students will be able to explain why the Eucharist is the central sacrament and how it is loved and lived by Catholic’s.

3. Any special room environment enhancements: For Activity #1 have long table set up with table cloth, play script, juice, cups, and bread. Also have Pinterest examples up on smartboard for examples for students.

4. Seating arrangement: Activity 2: small groups of 3-4 students / Activity 1: whole group interaction

5. Materials list:

\*Activity #1 table cloth, play script, juice, cups, and bread.

\*Activity #2 Glue, Scissors, Clear tape, Printable Chalice and Host, Sheet of construction paper for the background (blue or black look nice), Decorative items like glitter/glitter glue, gems, sequins, etc., Crayons to color the chalice and Eucharist’s rays. (Yellow, orange, & red)

6. Detailed description of lesson (steps):

-1. Review what the Eucharist is; where it originated from/what the students know already.

-2. Reenact the last supper (activity#1) to demonstrate the importance of the Eucharist and why it is so important, After reenactment discuss what happened, what the significant points were.

-3. Open discussion about why the Eucharist is the central sacrament, why it is loved and lived by Catholics, How it is our way of accepting Jesus into our lives.

-4. Complete Activity #2, assign small groups giving each student within the group a designated job to get the supplies needed to complete activity, give directions to begin along with demonstration.

-5. Close up with final thoughts about the Eucharist and why it is so important and loved in the Catholic faith.

7. At least one activity, craft, game, etc : #1 reenact the last supper

(Role play: script below)

#2 Jesus in the Eucharist art project:

(Pinterest: <https://www.pinterest.com/pin/197595502375440182/> )

8. Links to any online video resources: N/A

* \*\*Script for the Last Supper Activity #1 \*\*

Narrator 1: On the first day of the Feast of Unleavened Bread, when they sacrificed the Passover lamb, Jesus’ disciples asked Him where they should go to prepare the Passover. He sent two of his disciples into the city.

Narrator 2: A man met them and showed the disciples a large upper room that was furnished and ready. They did what Jesus asked; and they prepared for the Passover.

Narrator 1: While they were eating, Jesus took bread, said the blessing, broke it, and gave it to them,

Jesus: “Take it; this is my body.”

Narrator 2: Then He took a cup, gave thanks, and gave it to them, and they all drank from it.

Jesus: “This is my blood of the covenant, which will be shed for many.”

Narrator 1: Before the feast of Passover, Jesus knew that his hour had come to pass from this world to the Father. He loved his own in the world and he loved them to the end. The devil had already tempted Judas, son of Simon the Iscariot, to hand him over.

Narrator 2: So, during supper, fully aware that the Father had put everything into his power and that he had come from God and was returning to God, He rose from supper and took off his outer garments. He took a towel and tied it around his waist. Then he poured water into a basin and began to wash the disciples’ feet and dried them with the towel around his waist.

Jesus: “Whoever has bathed has no need except to have his feet washed, for he is clean all over; so you are clean, but not all.”

Narrator 1: For He knew who would betray Him; for this reason, He said:

Jesus: “Not all of you are clean.”

Narrator 2: So when he had washed their feet and put his garments back on and reclined at the table again, He said to them:

Jesus: “You call me ‘teacher’ and ‘master’ and rightly so, for indeed I am. I have given you a model to follow, so that as I have done for you, you should also do.

All say: Lord Jesus Christ, in your ardent love for your apostles you desired to share the Passover meal with them on the night you suffered. During the course of that meal, you instituted the sacrament of the Eucharist where you offered to us your own body and blood as bread and wine to nourish our souls. Send your blessings upon this table and all those who partake of it. Nourish us with the Bread of Life, until the day we are called to the banquet of eternal life.